Thank you for attending an **eSafety** presentation on Internet Safety. The following pages contain some of the main points from our information seminar along with some recommended websites for future use. Please visit www.eSafety.ie for more information on what we do along with some useful information and downloads in our *Parents Zone*.

Cyber bullying:

"Cyber-bullying involves the use of information and communication technologies to support deliberate, repeated, and hostile behavior by an individual or group, that is intended to harm others."

What to do if it happens?

1) Don't respond and don't reply.
2) Save a copy of whatever has made you feel uncomfortable.
3) Tell someone immediately.

Digital fingerprint:

Once something is posted online, be prepared to have it there **Forever**. If you wouldn't post it on a billboard in the city center you shouldn't post it online. Be responsible about what you put on the internet now as it can have serious consequences in the future.

THINK BEFORE YOU POST IT!

Social Networking sites:

"In order to be eligible to sign up for Facebook, users must be thirteen (13) years of age or older."- facebook.com
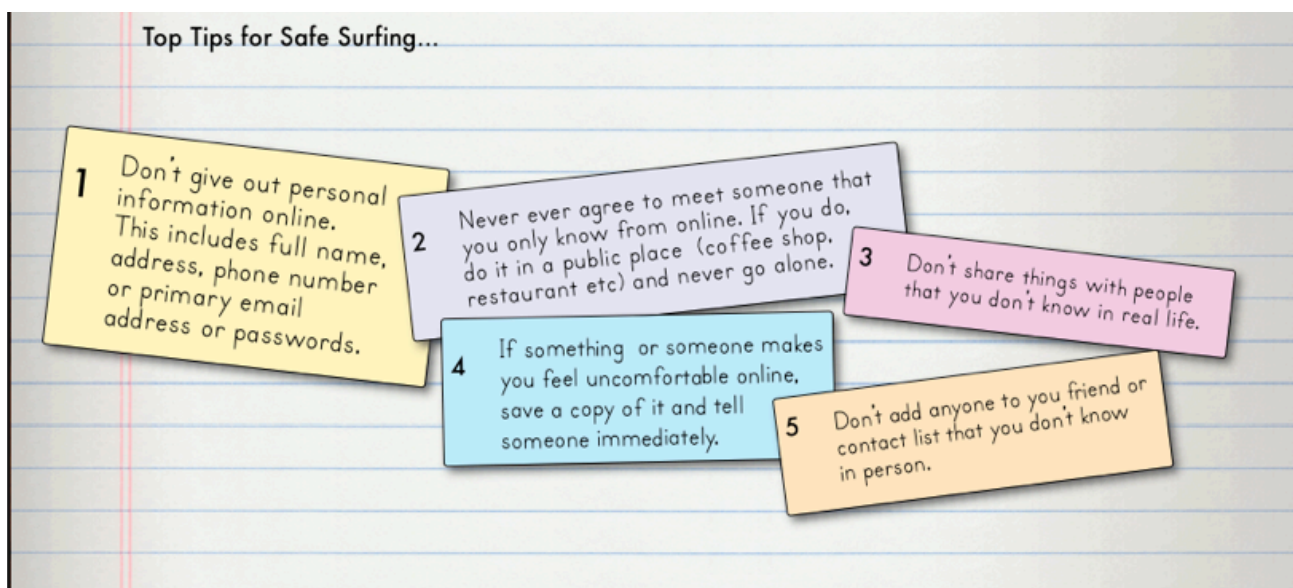
Remember that you don't know who your friend's friends are, And you don't know what they'll do with your picture or your phone number if you give it out by mistake.

Once your picture is out there, it's out there **forever** and you won't be able to get it back.

Be aware that information on your profile could potentially be viewed by **anyone**.

Use your Privacy Settings. Adjust your account settings so only approved friends can instant message you. This means that people you don't want to see your profile can't!

What are the basics?

Top Tips for Safe Surfing...

1 Don't give out personal information online. This includes full name, address, phone number or primary email address or passwords.

2 Never ever agree to meet someone that you only know from online. If you do, do it in a public place (coffee shop, restaurant etc) and never go alone.

3 Don't share things with people that you don't know in real life.

4 If something or someone makes you feel uncomfortable online, save a copy of it and tell someone immediately.

5 Don't add anyone to you friend or contact list that you don't know in person.

You're out in public- when online.

Privacy features - giving you control.

Just because you can post anything **doesn't mean you should**.

The fact is you just **shouldn't meet people in person who you only know from the Internet**.
If you do, make sure you do so in a **public place** and bring along **at least one friend** – the more and bigger the better.

Never, ever, agree to meet someone alone.

Online Code-of-Conduct Contract

I will:
•Talk with my parents to learn the rules for Internet use, which includes where I can go, what I can do, when I can go online, and how long I can be online (___ minutes or ___ hours).
•Never give out personal information such as my home address, telephone number, my parents' work address or telephone number, credit card numbers, or the name and location of my school without my parents' permission.
•Always tell my parents immediately if I see or receive anything on the Internet that makes me feel uncomfortable or threatened; this includes e-mail messages, Web sites, or even anything in the regular mail from Internet friends.
•Never agree to meet anyone in person that I have met online, without my parents' permission.
•Never send pictures of myself or other family members to other people through the Internet or regular mail without my parents' permission.
•Never give out my Internet passwords to anyone (even my best friends) other than my parents.
•Be good while online and not do anything that could hurt or anger other people or that is against the law.
•Never download, install, or copy anything from disks or the Internet without proper permission.
•Never do anything on the Internet that costs money without my parents' permission.

Name (Child) _____ Date _____

Parent or Guardian_____ Date _____

Internet safety sites and links:

www.esafety.ie - Internet safety

http://www.wiredsafety.org - Parents

http://www.netsmartz.org/ - Children

http://www.digizen.org/ - Parents

http://www.thinkuknow.co.uk - Good for working with your children

www.reassureme.com - Internet protection and nanny net

www.hotline.ie - Reporting child pornography or abuse